



**SPEED
SKATING
BC**

Program Criteria:

Junior Coach Leadership Program

May 2022



Junior Leader 1

This level is about recognizing, encouraging and cultivating the interest in the skater to give back to the club and younger skaters. These entry level leaders should be exposed to coaching in a positive environment and must be directly supervised.

Criteria

- Encourage skaters with a fun and positive attitude
- Follows the directions of the club coach
- Helps with skater direction and organization during the practice
- Lead one or more games
- Contribute 5 hours to leadership.

Junior Leader 2

This level recognizes a young leader's responsibility and continued interest in volunteering/leading and being a positive mentor. They must show some ability to lead their group and initiative by bringing a learning tool or game that is new to this group. These leaders must be directly supervised.

Criteria

- Encourage skaters with a fun and positive attitude
- Follow the directions of the club coach
- Introduce a new game or drill
- Lead/demonstrate under the supervision of the club coach
- Contribute 10 hours to leadership over at least two seasons or 15 hours in one season.

Junior Leader 3

Leaders at this level should now be pursuing their coaching development by taking courses and being able to lead a practice planned for them. They should be encouraged by the club to take courses and ask questions. Appropriate opportunities to positively lead under indirect supervision should be given regularly.

Criteria

- Encourage skaters with a fun and positive attitude
- Lead at least one practice program created and supervised by the club coach
- Attend an educational session about speed skating or coaching such as a class session at a camp. This may be about skating technique or specific to coaching.
- Mentor and encourage a small number of skaters at a competition, time trial or mini meet (not necessarily in the coaches box)
- Contribute 10 hours to leadership over at least two seasons or 15 hours in one season.



Junior Coach

This level recognizes Junior Coaches that have taken an NCCP course on the coaching pathway and are comfortable coaching under the indirect supervision of the club coach. They are showing commitment to the club, the skaters and to pursuing their coaching career. They are positive leaders in the club.

Criteria

- Encourage skaters with a fun and positive attitude
- FUNdamental Leader (trained) or higher coaching course (trained or certified)
- Level 1 Officials course strongly recommended
- Have a regular role in coaching in the club
- Plan and lead at least one practice under the supervision of a club coach
- Coach in the coaches box at a fun meet, time trial, game night etc.
- Assist club coach at a competitive event e.g. Interclub, not necessarily in the coaches box
- Recommended supplementary courses:
 - Coach Initiation in Sport
 - First Aid course
 - NCCP Safe Sport Training
 - NCCP Making Head Way in Speed Skating

some of these courses are available without cost during Coaches Week

- Contribute 10 hours to leadership over at least two seasons or 20 hours in one season.

