

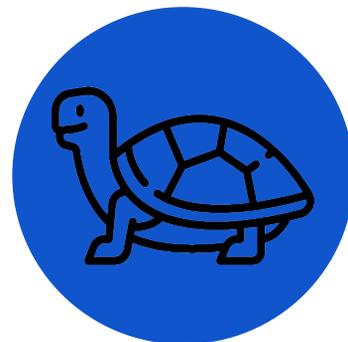


**SPEED
SKATING
BC**

Communicable Disease Prevention and Response Planning

July 2022

IT'S OK TO START SLOW!



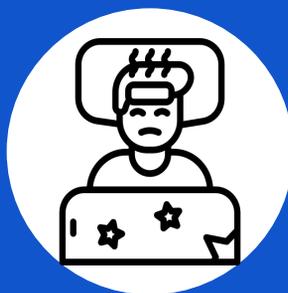
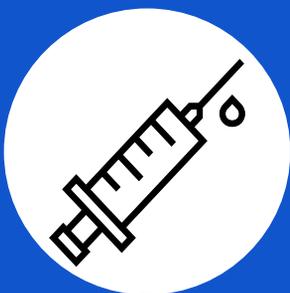
It's been a while since we've been together, raced and socialized without any restrictions in place. Just as a skater needs to progressively wind up to do a flying lap, our sport needs to progressively wind up to our full capacity.

- Allow skaters, coaches, officials, volunteers and parents some flex room as they come back up to speed. Support members' varying level of risk tolerance regarding communicable diseases
- Allow members to wear personal protective equipment beyond any requirements if they choose
- Follow Return to Sport Training Principles in club programming to avoid injuries
- Communicate early and often with members to proactively address conflict

USE COMMUNICABLE DISEASE PREVENTION PRINCIPLES

Using communicable disease prevention principles helps to keep our members safe. Building a safe community is important for retention and recruitment.

- Name a club Safety Coordinator, who is responsible for communicable disease prevention and response, safe sport initiatives, and physical safety
- Use the [WorkSafeBC resources](#) to develop a Communicable Disease Prevention and Response Plan
- Where applicable, consider having separate plans for club practices, competitions and camps



PRACTICE SOLID GOVERNANCE



Solid governance ensures that a club is using best practices and optimally serving their members.

- Be aware that the club's Board continues to have fiduciary responsibility and is accountable for the decisions and work of the organization
- Be aware that liability protection through the COVID-19 Related Measures Act has now been repealed, i.e. there is no provincial protection against liability for sport
- Stay up to date with sport sector guidance from viaSport

Speed Skating BC
724-8623 Granville Street
Vancouver, BC V6P 5A2
speedskatingbc.ca

