



**SPEED  
SKATING  
BC**

Selection Bulletin:  
**TEAM BC 2023**

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August 2022

## Overview

TEAM BC Short Track (ST) and TEAM BC Long Track (LT) are the teams that will represent British Columbia at the 2023 Canada Winter Games (CWG) in Prince Edward Island, February 2023.

## Skater Eligibility

To represent TEAM BC, skaters must meet the “Athlete Eligibility” (Section 3) requirements in the [Canada Games Council Athlete Eligibility Policy](#). Additional sport-specific information is available in the [2023 Canada Winter Games Short Track Speed Skating Technical Package](#) (Sections 3 and 4) and the [2023 Canada Winter Games Long Track Speed Skating Technical Package](#) (Sections 3 and 4). The birth date range of eligible skaters has been summarized below:


TEAM BC ST	TEAM BC LT
Skaters must be born between July 1, 2003 to June 30, 2008 inclusive.	Skaters must be born between July 1, 2002 to June 30, 2008 inclusive.

## TEAM BC Composition

TEAM BC ST	TEAM BC LT
<ul style="list-style-type: none"><li>• 5 female skaters</li><li>• 5 male skaters</li><li>• 1 coach: Nicole Garrido, SSBC ST Provincial Coach</li><li>• 1 manager: Keven Fitzpatrick</li></ul>	<ul style="list-style-type: none"><li>• 4 female skaters</li><li>• 4 male skaters</li><li>• 1 coach: Jennifer Gibson, SSBC LT Provincial Coach</li><li>• 1 manager: Adam Ingle</li></ul>

## TEAM BC Selection Committee

All activities related to the selection of TEAM BC will be carried out by an ad-hoc committee known as the TEAM BC Selection Committee. The TEAM BC Selection Committee will be



composed of the SSBC Technical Director, a representative of the SSBC Athlete Development Committee, the TEAM BC Coaches and the TEAM BC Managers.

## Sport Jury

A Sport Jury will be formed for each of the TEAM BC Selection Trials competitions. The Jury will be composed of a Referee (either Chief or Assistant), the SSBC Technical Representative and one other individual who is deemed not to be in conflict with the TEAM BC Selection Trials.

## TEAM BC Short Track Selection Trials Format

There will be one TEAM BC ST Selection Trial competition. The event will be hosted as part of the BC Cup ST, on December 17-18, 2022 in Richmond. The TEAM BC ST Selection Trials will be composed of four mass start events (500m, 1000m, 1500m, and the 3000m points races).

TEAM BC ST will be selected from skaters using the total ranking points accumulated in the four events, except in the case of a pre-qualified skater and/or a successful bye request (see below for details). Any ties for overall rank will be broken by the skaters' best combined 500m + 1500m time achieved during the TEAM BC ST Selection Trials. The five skaters with the highest total ranking points will be offered a position on TEAM BC ST.

## TEAM BC ST Selection Trials Entry and Seeding

Skaters qualify for entry to the TEAM BC ST Selection Trials based on their 500m (short track) time skated in a provincially (or higher) sanctioned competition between January 1st, 2022 and the entry closing date, inclusive. Please note: times must be skated on the 111.12m track. Manual times will be adjusted upwards by 0.2 seconds (adjustments will be made by the TEAM BC Selection Committee). The top 16 skaters in each gender, based on the ranking above, will be eligible to race in the TEAM BC ST Selection Trials.

Each of the three traditional distances (500m, 1000m, and 1500m) will be individually seeded according to the skater's seed time for that distance. Seed times must be recorded in a provincially (or higher) sanctioned competition between January 1, 2022 and the entry closing date, inclusive. Please note: times must be skated on the 111.12m track. Manual times will be adjusted upwards by 0.2 seconds (adjustments will be made by the TEAM BC Selection Committee).

Skaters will advance directly to the 3000m points race finals based on the points accumulated during the three preceding distances (see points awarded below). Final A will be skaters ranked 1-8 and Final B will be skaters ranked 9-16. In the event of a tie for 8th, the skater with the fastest 1500m time skated in the trials will be in Final A.

## TEAM BC ST Selection Trials Format

The TEAM BC ST Selection Trials race schedule will be as follows, subject to change:

### Day 1

1500m Semis and Finals  
500m Heats, Semis and Finals

### Day 2

1000m Semis and Finals  
3000m Points Race (Final)


Advancement through the rounds of racing will be as follows. Alterations due to the reduced number of skaters will be made by the TEAM BC ST Selection Committee (prior to the competition) or the Sport Jury (during the competition).

Event	Number of Heats	Advancement from Heats to Semis	Number of Semis	Advancement from Semis to Finals	Number of Skaters in Final (Barring Advancements)
500m	4	2+2	2 (A,B)	2+1	5
			2 (C,D)	2+1	
1000m	n/a	n/a	4	1+1	5
1500m	n/a	n/a	3	2+2	8
3000m	n/a	n/a	n/a	n/a	8

The format for the 3000m points race will be the format described in the [2023 Canada Winter Games Short Track Speed Skating Technical Package](#).

A skater who does not finish a final, due to equipment or injury, will receive last place points ahead of a penalized skater and a skater who does not start, for the relevant race. If a skater will not be starting a final, officials must be notified prior to the start in order to receive the applicable points. After the advancements, remaining skaters qualify based on placement and time to the remaining finals.

Ranking points (as shown in the following table) will be assigned based on final placements in the 1500m, 500m, 1000m and 3000m points race events.



Final Placement (Rank)	Points	Final Placement (Rank)	Points
1	1000	9	196
2	816	10	160
3	666	11	130
4	543	12	106
5	443	13	86
6	362	14	70
7	295	15	57
8	241	16	46

In a tie for first, both skaters receive 1000 points with the next skater receiving 666 points. In a tie for second, both skaters receive 816 points with the next skater receiving 543 points etc. In the case of multiple penalties in the same final, skaters will share the remaining points available in that final.

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## TEAM BC Long Track Selection Trials Format

There will be one TEAM BC LT Selection Trial competition. The event will be hosted as part of Canada Cup #1, on December 9-11, 2022, in Fort St John . The TEAM BC LT Selection Trials will be composed of the five individual events to be contested at the 2023 CWG:

- Females will skate 500m, 1000m, 1500m, 3000m and the mass start 10 lap race;
- Males will skate 500m, 1000m, 1500m, 5000m and the mass start 10 lap race.

TEAM BC LT will be selected from skaters using the four-race sammelagt from the TEAM BC LT Selections, except in the case of a pre-qualified skater and/or a successful bye request (see below for details). Where more than one race in a given distance is run (e.g. 500m #1, 500m #2), skaters may use their fastest time. Skaters must participate in a mass start race to be eligible to be considered in the sammelagt ranking; however, no point value will be assigned to the results of the mass start race. The four skaters with the lowest sammelagt will be offered a position on TEAM BC LT.


## TEAM BC LT Selection Trials Entry and Seeding

Skaters meeting the Canada Cup time standards will compete amongst the Canada Cup #1 competitors. Additional BC skaters (CWG -eligible) will be added to “out of competition races”. For the purpose of the TEAM BC LT Selection Trials, skaters may race in both Canada Cup #1 races and the BC ranking races (e.g. in the case of a skater qualifying to race in the sprint races, but not the distance races, at Canada Cup #1). However, skaters will not be permitted to race in Canada Cup #1 races and the BC ranking races for the same distance.

## TEAM BC LT Selection Trials Format

The TEAM BC LT Selection Trials will follow the Canada Cup format, with additional considerations as outlined in this Selection Bulletin.

As the objective is to pick the fastest skaters for TEAM BC LT, sammelagt scores towards the selection of TEAM BC LT will include times skated in a re-skate, if a re-skate is granted by the referee. Additionally, re-skates outside of those permitted under ISU Rule 260 may be granted to



BC skaters in both the Canada Cup #1 races and the BC ranking races under the following circumstances:

- The athlete has a fall or experiences equipment failure
- The athlete elects not to complete the race and skates into the warm-up lane to indicate their withdrawal from that race.

Requests for re-skates (outside of ISU Rule 260) will be considered by the Sport Jury. The time recorded in a re-skate permitted outside of ISU Rule 260 is used exclusively for TEAM BC LT selection purposes. Only one re-skate per distance, per skater, will be accepted for incidents outside of those permitted under ISU Rule 260. An athlete is entitled to a minimum rest of 30 minutes between his/her race and the re-skate, however they may elect to complete their re-skate within this minimum 30 minute allowance.



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## TEAM BC Selection Information

TEAM BC final selection will be made on Wednesday January 4th, 2023. The announcement will be posted to the SSBC website.

Skaters may choose to try out for both long track and short track disciplines. Should a skater qualify for both disciplines, that skater must choose which team to join. The TEAM BC Selection Committee will advise the skater of this situation, should it occur, along with a deadline for choosing a discipline (in writing). The deadline will be prior to the final selection of TEAM BC. Other skaters will then be moved up according to rankings from final results in the discipline with the open spot.

For all matters not covered by the selection process in this Bulletin, appeals regarding the composition of TEAM BC LT may be made using the existing [SSBC Appeal Policy](#).

## TEAM BC Pre-qualified Skaters

Any BC skater who is CWG-eligible and competes in the 2022 Canadian Championship (autumn of 2022) will pre-qualify for TEAM BC in the respective discipline and will not be required to attend the TEAM BC Selection Trials. Applicable skaters will be contacted by the TEAM BC Selection Committee to confirm their acceptance of a TEAM BC position. The number of pre-qualified skaters, per gender and discipline, will be announced prior to the TEAM BC Selection Trials.

## TEAM BC Bye Requests

As the objective is to pick the fastest skaters for TEAM BC, bye requests will be evaluated by the TEAM BC Selection Committee. Bye requests will only be considered if a skater is not able to attend the TEAM BC Selection Trials due to: 1) an injury, 2) illness or 3) unavoidable school conflict, and advises the TEAM BC Selection Committee in writing in advance of the Selection Trials; OR the skater attends the TEAM BC Selection Trials and subsequently becomes injured/ill and advises the Sport Jury in writing during the Selection Trials.

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Bye requests will consider the skater's historical results, which must be at least equivalent to skaters who participate in the trials and are ranked in provisional team positions. Documentation from a medical professional may be requested in the case of a bye request. All skaters granted provisional positions on TEAM BC are subject to the requirements described in TEAM BC Injury Replacements (below).

A maximum of three skaters per gender may be named to the ST team on the basis of a bye request; a maximum of two skaters per gender may be named to the LT team on the basis of a bye request. As required, those requesting byes will be ranked based on historical results.

## TEAM BC Alternates

It is the intention of the TEAM BC Selection Committee to identify one alternate per gender in order to create a more optimal training group and to adequately prepare alternates in the eventuality of an injury prior to the 2023 CWG. The alternates will be the top ranked skater (per gender and per discipline) from the TEAM BC Selection Trials not named to the team. Alternates will train and attend competitions as part of TEAM BC until the commencement of the 2023 CWG. Due to budget restrictions, the alternates will not be provided with a TEAM BC skinsuit.


## TEAM BC Injury/Illness Replacements

If a skater is injured or falls ill following their selection to TEAM BC, they will be required to prove adequate levels of recovery, both from a medical and a performance perspective. The determination of what constitutes adequate recovery will be made by medical professionals and the TEAM BC Selection Committee and will be based upon an assessment of the skater's ability to perform at a level equal to current members of TEAM BC. The final date for finalizing such decisions is one week prior to the registration deadline for the 2023 CWG, which is January 28, 2023. A skater selected to TEAM BC via a bye request will also be required to prove adequate levels of recovery as indicated above.

## TEAM BC Skater Commitments

TEAM BC skaters and alternates must commit to the following:

- Attend TEAM BC Selection Trials Camps for the relevant discipline

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- o LT: TBC
  - o ST: Monday December 19th, 2022 during Academy x BC Cup ST
  - Skaters should prepare for the 2023 CWG in their preferred distances and non-preferred distances. All athletes skate all individual events at the 2023 CWG. Skaters are reminded that TEAM BC's objective is not just to win medals, but also to be awarded the highest number of "Flag Points" for TEAM BC. The first three finishers for BC (in each individual distance) accrue flag points.
  - Attend the TEAM BC Staging Camp in Vancouver on February 16th, 2023 (the day prior to the chartered flight from Vancouver to the 2023 CWG).
  - There may be additional costs incurred by athletes such as: individual speed skating sport equipment and maintenance of said equipment, health care insurance, personal care products and cell and data plans.

