

PROGRAMS PATHWAY

C CHILDREN Y YOUTH J JUNIOR A ADULT

COMMUNITY CLUB PROVINCE NATIONAL

ALL



LEARN TO SKATE

Participants are introduced to skating on any blades





Local learn to skate programs and activities

ALL



Participants learn to speed skate and to race on skates









ALL



RECREATIONAL SPEED SKATING

Participants enjoy speed skating as a recreational activity, with or without local race opportunities

















COMPETITIVE SPEED SKATING

Participants train and compete in speed skating competitions throughout the province



















PERFORMANCE

DEVELOPMENT



Participants train and compete in speed skating competitions throughout the country

















HIGH PERFORMANCE

Participants train and compete to achieve the highest level of performance in speed skating







