SPEED SKATING BC

Format Bulletin:

Provincial Competitions

v2 November 2022

Introduction

There will be three Provincial Competitions during the 2022-2023 season: BC Cup (Short Track), BC Long Track Championships, and BC Short Track Championships. Provincial Competitions are intended to provide head-to-head competitive opportunities for provincial-level skaters who meet the age restrictions and time standards specified below.

Skaters ineligible for Provincial Competitions are encouraged to search out competitive opportunities regionally, at FUNales (where available), and via the virtual Provincial Challenges.

General Procedures

- All participants (skaters, coaches, officials and volunteers) must be Speed Skating BC members in good standing. Event registration for all participants will be via IceReg.
- Coaches working the coaching box at Provincial Championships must meet the Speed Skating BC Minimum Coaching Standards Policy.
- Skaters will compete in the Provincial Competitions in the following seven divisions, with results being separated to allow for ranking and awards within age categories. Skater age is calculated as of June 30, 2022.

Division	**Age Categories**
Pre-Youth	Pre-Youth (F10 + M10)
Youth F*	F11 F12 F13
Youth M*	M11 M12 M13
NeoJunior F	NeoJunior F (14-15)
NeoJunior M	NeoJunior M (14-15)
Open F	Junior F (16-18) Senior F (19-29) Masters F (30-34, 35-39, 40-44, 45-49 etc. in 5-year increments)
Open M	Junior M (16-18) Senior M (19-29) Masters M (30-34, 35-39, 40-44, 45-49 etc. in 5-year increments)
* = age categories in which skaters will be contesting positions for Team BC at the Canadian Youth Championships	

- The racing rules of Speed Skating Canada, and where applicable, the International Skating Union (ISU), will be used. Exceptions to the rules are noted in this Bulletin.
- Should a skater need to retire from competition due to illness or injury, the coach must complete and sign a written withdrawal sheet, signed by the Chief Referee. Notification must then be given to the Recorder. Points will be retained only if the process is properly completed.

- A Sport Jury will be created for the duration of each event. The Sport Jury is composed of the Chief Referee, the Recorder, the Technical Director (or designate) and a representative of the Athlete Development Committee. Any deviations from the format published in this Bulletin must be approved by the Sport Jury.

BC Cup (Short Track)
December 17-18, 2022 (Richmond)

Qualification and Seeding

To be eligible to compete in the BC Cup, skaters must achieve the following times in a sanctioned competition prior to December 5, 2022:

Pre-Youth	400m < 58.00
Youth F	400m < 55.00
Youth M	400m < 52.00
NeoJunior/ Open F	500m < 1:05.00 (400m < 53.00 for skaters transitioning from T2T)
NeoJunior/ Open M	500m < 1:00.00 (400m <50.00 for skaters transitioning from T2T)

Skaters competing in the TEAM BC ST Selection Trials (being co-hosted with the BC Cup) must meet the requirements specified in the TEAM BC 2023 Selection Bulletin. Age-eligible skaters who do not meet the requirements and/or do not qualify by ranking will skate in the NeoJunior/Open category; these categories are being combined for this Provincial Competition only due to the co-hosted TEAM BC ST Selection Trials.

The seeding format for each BC Cup event (single distance vs. cumulative results) will be determined by the Sport Jury in order to create the safest racing. Where single distance seeding is used, seeding will be based upon the skater's personal best seed time. If no seed time is available, skaters will be seeded last. If there are multiple skaters without a seed time, they will be seeded in the last positions by random lot.

Events Format

Division	Event	Format
Pre-Youth (100m track)	200m	Traditional short track advancement with a minimum of two rounds of racing.
	400m	Traditional short track advancement with a minimum of two rounds of racing.
	800m	Super final based on cumulative results from two distances.
	1200m	Super final based on cumulative results from three distances.
	2000m relay	Traditional short track advancement with two rounds of racing. Teams will be created by serpentine-seeding skaters based on their best 400m time skated during the BC Cup. If there are more than 32 skaters, relays will be tiered with a maximum of 16 skaters (4 teams) in the top tier.
Youth (100m track)	800m	Traditional short track advancement with a minimum of two rounds of racing.
	400m	Traditional short track advancement with a minimum of two rounds of racing.
	1000m	Super final based on cumulative results from two distances.
	1500m	Super final based on cumulative results from three distances.
	2000m relay	Traditional short track advancement with two rounds of racing. Teams will be created by serpentine-seeding skaters based on their best 400m time skated during the BC Cup. If there are more than 32 skaters, relays will be tiered with a maximum of 16 skaters (4 teams) in the top tier.
NeoJunior/ Open (111.12m track)	1500m	Traditional short track advancement with a minimum of two rounds of racing.
	500m	Traditional short track advancement with a minimum of two rounds of racing.
	1000m	Traditional short track advancement with a minimum of two rounds of racing.
	3000m relay*	Traditional short track advancement with two rounds of racing. Teams will be created by serpentine-seeding skaters based on their best 500m time skated during the BC Cup. If there are more than 32 skaters, relays will be tiered with a maximum of 16 skaters (4 teams) in the top tier.
TEAM BC ST Selection Trials	See TEAM BC 2023 Selection Bulletin	

**Exclusively NeoJunior and Junior skaters (outside the TEAM BC Selection Trials) will skate the relay*

Results

Overall ranking will be determined in age categories. Final placings will be calculated by summing the age category-specific ranking points that each skater has earned in the final for each individual event. Top points in each age category will be assigned to the highest-ranked age category skater in the highest-ranked final, followed by the next ranked age category skater in the highest-ranked final or the highest-ranked age category skater in the next-ranked final.

Final Placement	Ranking Points	Final Placement	Ranking Points
1	1000	9	196
2	816	10	160
3	666	11	130
4	543	12	106
5	443	13	86
6	362	14	70
7	295	15	57
8	241	16	46

BC Long Track Championship
January 21-22nd, 2023 (Fort St John)

Qualification and Seeding

To be eligible to compete in the BC Long Track Championship, skaters must achieve the following time in a sanctioned competition prior to January 9, 2023:

Pre-Youth	300m MS < 0:48.00 or 400m ST < 0:58.00
Youth F	500m OS < 1:00.00 or 400m ST < 0:55.00
Youth M	500m OS < 0:57.00 or 400m ST < 0:52.00
NeoJunior F	500m OS or ST <1:05.00 (400m ST < 53.00 for skaters transitioning from T2T)
NeoJunior M	500m OS or ST <1:00.00 (400m ST <0:50.00 for skaters transitioning from T2T)
Open F	500m OS or ST < 1:05.00
Open M	500m OS or ST < 1:00.00

Skaters who do not meet the requirements (age or time) may consider competing in the co-hosted LT FUNale.

The seeding format for each event (single distance vs. cumulative results) will be determined by the Sport Jury in order to create the safest racing. Where single distance seeding is used, seeding will be based upon the skater's personal best seed time. If no seed time is available, skaters will be seeded last. If there are multiple skaters without a seed time, they will be seeded in the last positions by random lot.

Events Format

Division	Event	Format
Pre-Youth	500m MS (started on 500m start line)	Short track-style mass start qualification and final. See Youth Bulletin for details.
	300m MS	Short track-style mass start qualification and final. See Youth Bulletin for details.
	LT relay	As time allows. Teams will be created by serpentine-seeding skaters based on their best time from the 500m MS event skated during the BCLT Championship.
	1200m MS	Super final based on cumulative results from two distances.
	1000m MS	Super final based on cumulative results from three distances.
Youth	500m OS	Follow ISU regulations.
	300m MS	Short track-style mass start qualification and final. See Youth Bulletin for details.
	4 lap Team Pursuit	Teams will be created by serpentine-seeding skaters based on their 500m time skated during the BCLT Championship.
	1500m MS	Super final based on cumulative results from two distances.
	1000m MS	Super final based on cumulative results from three distances.
	7 lap MS	ISU-style mass start super final based on cumulative results from four distances. See Youth Bulletin for details.
NeoJunior	500m OS	Allround format.
	1000m OS	
	1500m OS	
	3000m OS	
Open F	500m OS	Allround format.
	1000m OS	
	1500m OS	
	3000m OS	
Open M	500m OS	Allround format.
	1000m OS	
	1500m OS	
	5000m OS	

Results

Overall ranking and awards will be determined in age categories. Final placings for Pre-Youth and Youth skaters will be calculated by summing the age category-specific ranking points that each skater has earned in the final for each individual event. Top points in each age category will be assigned to the highest-ranked age category skater in the highest-ranked division final, followed by the next ranked age category skater in the highest-ranked division final or the highest-ranked age category skater in the next-ranked division final.

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Sammelagt points will be used for the age categories in the NeoJunior and Open divisions. Allround awards will be awarded based on lowest Sammelagt points in each age category. Note that in the case of a PEN, DNS or DNF, a skater will not have a valid Sammelagt calculation and is not eligible for a medal.

BC Short Track Championship
March 4-5th, 2023 (Kamloops)

Qualification and Seeding

To be eligible to compete in the BC Short Championship, skaters must achieve the following times in a sanctioned competition prior to February 20, 2023:

Pre-Youth	400m < 58.00
Youth F	400m < 55.00
Youth M	400m < 52.00
NeoJunior F	500m < 1:05.00 (400m < 53.00 for skaters transitioning from T2T)
NeoJunior M	500m < 1:00.00 (400m <50.00 for skaters transitioning from T2T)
Open F	500m < 1:05.00
Open M	500m < 1:00.00

The seeding format for each BC Cup event (single distance vs. cumulative results) will be determined by the Sport Jury in order to create the safest racing. Where single distance seeding is used, seeding will be based upon the skater's personal best seed time. If no seed time is available, skaters will be seeded last. If there are multiple skaters without a seed time, they will be seeded in the last positions by random lot.

Events Format

Division	Event	Format
Pre-Youth (100m track)	200m	Traditional short track advancement with a minimum of two rounds of racing.
	400m	Traditional short track advancement with a minimum of two rounds of racing.
	800m	TBA after BC Cup.
	1200m	TBA after BC Cup.
	2000m relay	TBA after BC Cup.
Youth (100m track)	800m	Traditional short track advancement with a minimum of two rounds of racing.
	400m	Traditional short track advancement with a minimum of two rounds of racing.
	1000m	TBA after BC Cup.
	1500m	TBA after BC Cup.
	2000m relay	TBA after BC Cup.
NeoJunior (111.12m track)	1500m	Traditional short track advancement with a minimum of two rounds of racing.
	500m	Traditional short track advancement with a minimum of two rounds of racing.
	1000m	Traditional short track advancement with a minimum of two rounds of racing.
	3000m relay*	TBA after BC Cup.
Open (111.12m track)	1000m	Traditional short track advancement with a minimum of two rounds of racing.
	500m	Traditional short track advancement with a minimum of two rounds of racing.
	1500m	Traditional short track advancement with a minimum of two rounds of racing. At the discretion of the Sport Jury, Finals B and below may skate a 777m final instead of a 1500m final. Full points will still be awarded.
	3000m relay*	TBA after BC Cup.

**Exclusively NeoJunior and Junior skaters will skate the relay*

Results

Overall ranking and awards will be determined in age categories. Final placings will be calculated by summing the age category-specific ranking points that each skater has earned in the final for each individual event. Top points in each age category will be assigned to the highest-ranked age category skater in the highest-ranked final, followed by the next ranked age category skater in the highest-ranked final or the highest-ranked age category skater in the next-ranked final.

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