



Canadian Sport Institute Pacific and **Speed Skating BC** Athlete and Coach Nomination Criteria

Criteria Approved **June 5 2023**:

CSI Pacific Representative Andrew Latham Manager, Performance Pathways	
	Signature
Speed Skating BC Representative Chris Acton, Technical Director	
	Signature

PURPOSE

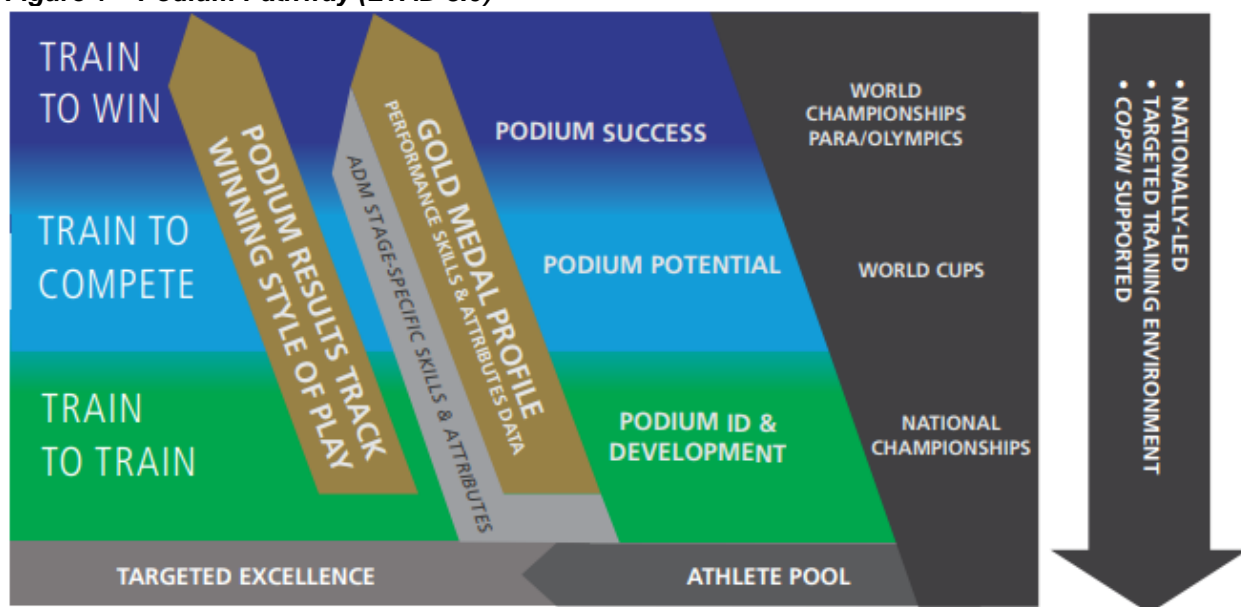
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and Speed Skating BC, collaborates to deliver programs and services to place BC athletes¹ onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process to identify athletes and coaches within the **Speed Skating BC** high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeting seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic (or World Championship) medallists. Support may be focussed more toward the future generation (9-12 years away) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years away) of athletes and teams.

Figure 1 – Podium Pathway (LTAD 3.0)



¹ In general, a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

DETAILS

Through the above partnership, and with the above purpose in mind, **Speed Skating BC** may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into **four levels** based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute athlete and coach benefits, programs, and services. Please see Appendix 1 for an outline of **Speed Skating BC** targeted athlete benefits, programs, and services as delivered through **Speed Skating BC**.

Targeted athletes are nominated by **Speed Skating BC** based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to **Speed Skating BC Technical Director, Chris Acton** (chris.acton@speedskatingbc.ca). As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward **Speed Skating BC** high performance program benchmarks to remain targeted. **Chris Acton** and the Canadian Sport Institute technical lead working with **Speed Skating BC** have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / **Speed Skating BC** targeting runs July 1st to June 30th annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the **Speed Skating BC** targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by **Speed Skating BC** and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with **Speed Skating BC** as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on **Speed Skating BC's** nomination list at coach's discretion when:
 - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred. **AND**;
 - b. The athlete in question was previously nominated by **Speed Skating BC** in the previous 24 months.
4. **Athletes must adhere to Speed Skating BC's Code of Conduct.**

LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the **Speed Skating BC** sport-specific criteria:

Podium / Canadian Elite (Sport Canada AAP Carded)

Canadian Sport Institute Criteria:

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

Note, it is the responsibility of **Speed Skating BC, in consultation with the NSO, to identify and nominate any Sport Canada AAP Carded athletes meeting Core Criteria.*

Canadian Development

Canadian Sport Institute Criteria:

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR**;
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
 - Athletes who have been targeted as "NextGen" defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

Speed Skating BC Sport-Specific Criteria:

Candidates include skaters who have met **one (1)** of the qualification requirements from August 2022 to April 2023. Times must be skated in a sanctioned competition (provincial, SSC or ISU).

Short Track	Long Track
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<p>Achieved a time equivalent to skaters ranking in the top half of the most recent Canadian ST Championships:</p> <ul style="list-style-type: none"> • 500m + $\frac{1}{3}$ 1500m 1:35.3 female • 500m + $\frac{1}{3}$ 1500m 1:27.7 male 	<p>Achieved a time equivalent to skaters ranking in the top half of the most recent Canadian LT Championships:</p> <ul style="list-style-type: none"> • 500m 39.85 female 36.43 male • 1000m 1:20.14 female 1:11.38 male • 1500m 2:06.01 female 1:50.68 male • 3000m 4:19.78 female • 5000m 7:18.40 female 6:43.95 male • 10000m 13:18.78 male
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Provincial Development Level 1

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
 - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

AND

 - Competed at the U23 or Junior World Championships in an eligible event (or equivalent international developmental event) in the past 24 months, **OR**;
 - Won a medal in an eligible event at their Sport-Specific National Elite/Open, U23, or U19 Championships (or equivalent level of performance standard) in the previous 24 months.

**Note, there is an expectation that athletes nominated at the Provincial Development level convert into National Team programs (Canadian Development or Podium / Canadian Elite) within a maximum duration of five years (combined Provincial Development Level 1 and Level 2).*

Speed Skating BC Sport-Specific Criteria:

Candidates include skaters who have met **one (1)** of the qualification requirements from August 2022 to April 2023. Times must be skated in a sanctioned competition (provincial, SSC or ISU).

Short Track	Long Track
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<p>Achieved a time equivalent to skaters qualifying for the most recent Canadian ST Championships:</p> <ul style="list-style-type: none"> • 500m + $\frac{1}{3}$ 1500m 1:36.8 female • 500m + $\frac{1}{3}$ 1500m 1:31.6 male 	<p>Senior-aged skaters: achieved a time equivalent to skaters qualifying for the most recent Canadian LT Championships:</p> <ul style="list-style-type: none"> • 500m 42.74 female 38.60 male • 1000m 1:26.13 female 1:15.46 male • 1500m 2:13.48 female 2:00.02 male • 3000m 4:39.70 female • 5000m 7:54.95 female 7:01.70 male • 10000m 14:02.54 male <p>Junior-aged skaters: achieved a time equivalent to the top 10 times at the most recent Canadian Junior LT Championships:</p> <ul style="list-style-type: none"> • 500m 43.44 female 38.62 male • 1000m 1:27.19 female 1:16.37 male • 1500m 2:14.36 female 1:56.51 male • 3000m 4:44.96 female • 5000m 7:14.43 male
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Provincial Development Level 2

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development 1 according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
 - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

AND

 - Competed in an eligible event at the appropriate² age group national championships (or equivalent level of performance standard) in the previous 24 months, **OR**;
 - Won a medal in an eligible event at their appropriate age group provincial championships in the previous 12 months, **OR**;

Speed Skating BC Sport-Specific Criteria

Candidates include skaters who have met **one (1)** of the qualification requirements from August 2022 to April 2023. Times must be skated in a sanctioned competition (provincial, SSC or ISU).

Short Track	Long Track
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² Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

<p>Junior-aged skaters: achieved a time equivalent to skaters ranking in the top half of the most recent ST Canada Cup Junior Final:</p> <ul style="list-style-type: none"> • 500m + $\frac{1}{3}$ 1500m 1:40.7 female • 500m + $\frac{1}{3}$ 1500m 1:33.5 male <p>NeoJunior-aged skaters: achieved a time equivalent to skaters qualifying for the most recent ST Canada Cup Junior Final:</p> <ul style="list-style-type: none"> • 500m + $\frac{1}{3}$ 1500m 1:44.9 female • 500m + $\frac{1}{3}$ 1500m 1:35.2 male 	<p>Senior-aged skaters: achieved >2 Canada Cup time standards*.</p> <p>Junior-aged skaters: achieved 2 Canada Cup time standards*.</p> <p>NeoJunior-aged skaters: achieved 1 Canada Cup time standard*.</p>
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*Canada Cup Time Standards:

		Senior Inside	Senior Inside (low land)	Senior Outside	Junior Inside	Junior Inside (low land)	Junior Outside
Women	500	0:44.0	0:45.0	0:46.9	0:46.2	0:46.7	0:50.6
	1000	1:27.2	1:28.2	1:33.0	1:31.6	1:32.6	1:40.3
	1500	2:15.3	2:16.8	2:24.2	2:22.0	2:23.5	2:35.4
	3000	4:44.7	4:47.7	5:03.3	4:58.7	5:01.7	5:26.7
	5000	7:30.0	7:35.0				
Men	500	0:40.2	0:40.7	0:42.9	0:42.2	0:42.7	0:46.3
	1000	1:19.0	1:20.0	1:24.4	1:23.0	1:24.0	1:31.0
	1500	2:01.2	2:02.7	2:09.3	2:07.3	2:08.8	2:19.4
	3000				4:35.9	4:38.9	5:02.0
	5000	7:19.6	7:24.6	7:48.7	7:45.0	7:50.0	8:28.6
	10000	14:00.0	14:10.0				

Coach Nomination

Canadian Sport Institute Criteria:

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on sport-specific criteria below.

Speed Skating BC Sport-Specific Criteria:

- Coaches must adhere to Speed Skating BC's Code of Conduct and Employee & Volunteer Screening Policy.

APPENDIX 1 – Sport-Specific Benefits, Programs, and Services

Speed Skating BC Targeted Athlete/Coach Benefits, Programs, and Services

Podium / Canadian Elite (Sport Canada AAP Carded)

- Skaters are eligible to receive and/or purchase restricted-access Speed Skating BC gear

Canadian Development

- Skaters are automatically qualified to the [GenBC program](#)

Provincial Development Level 1

- Skaters are automatically qualified to the [GenBC program](#)

Provincial Development Level 2

- Skaters are automatically qualified to the [GenBC program](#)