



Selection Bulletin:

GenBC 2024-2025

June 2024



Introduction

Speed Skating BC (SSBC) supports competitive and performance-level Youth, Neo-Junior, Junior and Senior skaters through a designed and appropriate developmental stage programming approach. GenBC Performance Program combines online and in-person opportunities led by the SSBC Provincial Coach Coordinator (PCC) and reinforced by an Integrated Support Team (IST); Strength and Conditioning Coach (SCC) and Mental Performance Consultant. These services supplement the skater's and their primary coach's daily training environment (DTE).

Objectives

The objectives of the GenBC Performance Program are:

1. To encourage the **retention** of our athletes by promoting and guiding them to the phase in their development;
2. To provide supplementary services **for** the athletes, and in coordination **with** their primary Coach to support **performance** development where needed;
3. To **inspire** the next generation of Youth and Neo-Junior skaters, and contribute to the benefits of sport in our communities from shared values and principles of [True Sport](https://truesportpur.com) (visit truesportpur.com or click on the link).

Eligibility

To be eligible for GenBC, skaters must:

- Be a registered member of Speed Skating BC. Skaters cannot be registered with another PTSO.
- Commit and willing to being an active participant in a GenBC activities:
 - Academy programs
 - GenBC Boost
 - Join [True Sport Principles](#) - *[show off your True Sport colours]*
- Intent to participate in the [SSBC](#) and; or [Speed Skating Canada](#) (SSC) competitions calendar
- Agree to the [SSBC Code of Conduct](#) (see page 9).

Discretionary invitations may be issued at the sole discretion of the SSBC Provincial Coach Coordinator and the Athlete Development Committee (ADC).

Principles of Identification (PI)

The Principles of Identification (PI) outline the developmental pathway: National Development Levels 1 and 2 (ND1-ND2) and Provincial Development Levels 1 and 2 (PD1-PD2). They also focus on target abilities, ranging from Ability 1 to 5 (A1 to A5), as specified in Appendix D. In this section, athletes will be classified according to their levels and targeted abilities for the determination of their program support benefits, as outlined in GenBC Benefits. This classification ensures that the athlete's developmental stages are personalized, providing a daily training environment (DTE) that meets their social, cognitive, and physical needs.

Athlete identification for the GenBC Performance Program 2024-2025 is based on their official results from the 2023-2024 competition season. The age categories specified below correspond to the skater's age category during the 2023-2024 season, determined as of June 30, 2023.

Senior: National Development Level 1 and 2

Level	Senior National Development 1 (ND1)	
Ability	Short Track	Long Track
1	Any athletes of the: a) 2023 Canadian ST Championships ranked top half; b) 23-24 Short Track FINAL National Ranking top 30	Any athletes achieved ISU World Cup Qualifying time standards <i>as listed in Appendix A</i>

Level	Senior National Development 2 (ND2)	
Ability	Short Track	Long Track
2	Any athletes of the: a) 2023 Canadian ST Championships AND 2024 Canada Cup Final	Any athletes achieved two(2) % ISU World Cup Qualifying time standards <i>as listed in Appendix A</i>

Senior: Provincial Development Level 1

Level	Senior Provincial Development 1 (PD1)	
Ability	Short Track	Long Track
3	Not Application (N/A)	Achieved more than two (>2) Canada Cup Qualifying time standards <i>as listed in Appendix B</i>

Junior: National Development Level 1 & 2

Level	Junior National Development 1 (ND1)	
Ability	Short Track	Long Track
1	Any athletes of the: a) 2023 Canadian ST Junior Championships A Final; b) 2023 Canadian ST Championships ; c) 23-24 ST Jr/Sr FINAL National Ranking top 20/40	Achieved one (1) ISU World Junior Championships Qualifying time standards <i>as listed in Appendix A</i>

Level	Junior National Development 2 (ND2)	
Ability	Short Track	Long Track
2	Any athletes of the: a) 2024 Canadian Junior ST Championships Group A; b) 23-24 ST Junior FINAL National Ranking top 30	Achieved one (1) time equivalent to the top 10 times of the 2024 Canadian Junior LT Championships <i>as listed in Appendix B</i>

Junior: Provincial Development Level 1 & 2

Level	Junior Provincial Development 1 (PD1)	
Ability	Short Track	Long Track
3	Any athletes of the: a) 2023 Canadian Junior ST Championships ; b) 2024 Canadian Junior Open ranked top half; c) 2024 ST Canadian Junior Final ranked top half	Achieved two (2) Canada Cup Qualifying time standards <i>as listed in Appendix B</i>

Level	Junior Provincial Development 2 (PD2)	
Ability	Short Track	Long Track
4	Western Elite Circuit (WEC) 500m Qualifying time standards: Female 54.9 Male 51.9	Any athletes of the Olympic Oval Competition Calendar <i>as outlined in Appendix C</i>

Neo-Junior: Provincial Development Level 1 & 2

Level	Neo-Junior Provincial Development 1 (PD1)	
Ability	Short Track	Long Track
3	Any athletes of the: a) 2023 Canadian Neo-Junior ST Championships Group A; b) 2023 Canadian Neo-Junior ST Championships Group B Medalist; c) 2024 Canada Cup Junior Final top half	Any athletes of the: a) 2024 Canadian Neo-Junior LT Championships Medalist; b) Achieved one (1) Canada Cup Qualifying time standards <i>as listed in Appendix B</i>

Level	Neo-Junior Provincial Development 2 (PD2)	
Ability	Short Track	Long Track
4	Any athletes of the: a) 2024 BC ST Championships top 3 overall ranking; b) 2023 Canadian Neo-Junior ST Championships ; c) 2024 Canada Cup Junior Final	Any athletes of the: a) 2024 BC LT Championships top 3 overall ranking; b) 2024 Canadian Neo-Junior LT Championships
5	Western Elite Circuit (WEC) 500m Qualifying time standards: Female 54.9 Male 51.9	Achieved 500m OS time standards: Female 52.0 Male 48.0

***Any Neo-Junior who meets the Junior National Development—Level and Ability—will be identified accordingly.**

Youth: Provincial Development Level 2

Level	Youth Provincial Development 2 (PD2)	
Ability	Short Track	Long Track
4	Any athletes of the 2024 Canadian Youth ST Championships-W Medalist (per age/gender)	Any athletes of the 2024 Canadian Youth LT Championships top half overall ranking (per age/gender)
5	Any athletes of the: a) 2024 BC ST Championships top 2 overall ranking (per age/gender); b) achieved 400m time standards: F 46.4 M 42.6	Any athletes of the: a) 2024 BC LT Championships top 2 overall ranking; b) achieved 500m OS time standards: F 54.8 M 53.5

GenBC Benefits

Principles of Identification (PI)					
Youth				Provincial Development Level 2	Provincial Development Level 2
Neo-Junior			Provincial Development Level 1	Provincial Development Level 2	Provincial Development Level 2
Junior	National Development Level 1	National Development Level 2	Provincial Development Level 1	Provincial Development Level 2	
Senior	National Development Level 1	National Development Level 2	Provincial Development Level 1		
Benefits	Ability 1	Ability 2	Ability 3	Ability 4	Ability 5
GenBC Boost	\$	\$	\$	\$	\$
Website recognition	✓	✓	✓	✓	✓
GenBC SWAG item	✓	✓	✓	✓	✓
Season Planning 1-on-1 meeting with skater, PCC and primary coach	Available if requested	✓	✓	Junior, Neo-Junior & Youth 13 only*	X
Personalized YTP developed in coordination with primary coach	Available if requested	✓	✓	Neo-Junior & Junior only*	X
Canadian Sport Institute (CSI) nomination (pending approval from CSI)	✓	✓	✓	X	X
SSBC skin suit purchase	\$	\$	\$	\$	\$
On-demand IST services purchase	\$	\$	\$	\$	\$

GenBC Boost combines online and in-person activities delivered by IST:

Summer Strength & Conditioning programs provision	✓	✓	✓	✓	✓
Mental Performance Consultant	✓	✓	✓	✓	✓
Performance Development Clinic	✓	✓	✓	✓	✓

*Fee for participation

APPENDICES

Appendix A — **ISU WORLD CUP** and **WORLD JUNIOR CHAMPIONSHIPS** Qualifying Time Standards

Senior National Development Level 1–Ability 1:

To be identified as ND1–A1, a skater must have achieved **one (1)** of the following Qualifying time standards:

ISU WORLD CUP

	Women	Men
500m	39.50 (40.00)	35.70 (36.20)
1000m	1.19.00 (1.20.00)	1.11.20 (1.12.00)
1500m	2.00.50 (2.02.00)	1.49.00 (1.50.50)
3000m	4.19.00 (4.22.00)	
5000m	7.23.00 or 4.11.00 (7.33.00 or 4.14.00)	6.40.00 (6.45.00)
10000m		13.30.00 or 6.28.00 (13.40.00 or 6.33.00)

Senior National Development Level 2–Ability 2:

To be identify as ND2–A2, a skater must have achieved **two (2)** of the following Qualifying time standards:

106% ISU WORLD CUP

	Women	Men
500m	41.87 (42.40)	37.84 (38.37)
1000m	1.23.74 (1.24.80)	1.15.47 (1.16.32)
1500m	2.07.730 (2.09.32)	1.55.54 (1.57.13)
3000m	4.34.54 (4.37.72)	
5000m	7.49.58 or 4.26.06 (8.00.18 or 4.29.24)	7.04.00 (7.09.30)
10000m		14.18.60 or 6.51.28 (14.29.20 or 6.56.58)

Junior National Development Level 1–Ability 1:

To be identify as ND1–A1, a skater must have achieved **one (1)** of the following Qualifying time standards:

ISU WORLD JUNIOR CHAMPIONSHIPS

	Women	Men
500m	42.50	38.50
1000m	1.25.00	1.16.00
1500m	2.12.00	1.58.00
3000m	4.45.00	
5000m		7.05.00 or 4.05.00

Appendix B — **CANADA CUP** and **CANADIAN JUNIOR CHAMPIONSHIPS** Qualifying Time Standards

Junior National Development Level 2–Ability 2:

To be identify as ND2–A2, a skater must have achieved **one (1)** following Qualifying time standards:

TOP 10 CANADIAN JUNIOR CHAMPIONSHIPS

	Women	Men
500m	43.47	38.52
1000m	1.27.92	1.16.71
1500m	2.16.53	1.58.98
3000m	4.53.45	
5000m		7.34.18

Senior Provincial Development Level 1–Ability 3:

To be identify as PD1–A3, a skater must have achieved **more than two (>2)** of the following **CANADA CUP** Qualifying time standards;

Junior Provincial Development Level 1–Ability 3:

To be identify as PD1–A3, a skater must have achieved **two (2)** of the following **CANADA CUP** Qualifying time standards;

Neo-Junior Provincial Development Level 1–Ability 3:

To be identify as PD1–A3, a skater must have achieved **one (1)** of the following **CANADA CUP** Qualifying time standards *or medalist at the 2024 Canadian Neo-Junior LT Championships:*

CANADA CUP

		Senior Inside	Senior Inside (low land)	Senior Outside	Junior Inside	Junior Inside (low land)	Junior Outside
Women	500m	44.00	44.75	46.90	46.20	46.95	50.60
	1000m	1.27.20	1.28.70	1.33.00	1.31.60	1.33.10	1.40.30
	1500m	2.15.30	2.17.55	2.24.20	2.22.00	2.24.25	2.35.40
	3000m	4.44.70	4.49.20	5.03.30	4.58.70	5.03.20	5.26.70
	5000m	7.30.00	7.37.50				
Men	500m	40.20	40.95	42.90	42.20	42.95	46.30
	1000m	1.19.00	1.20.50	1.24.40	1.23.00	1.24.50	1.31.00
	1500m	2.01.20	2.03.45	2.09.30	2.07.30	2.09.55	2.19.40
	3000m				4.35.90	4.40.40	5.02.00
	5000m	7.19.60	7.27.10	7.48.70	7.45.00	7.52.50	8.28.60
	10000m	14.00.00	14.15.00				

Appendix C - **Olympic Oval Competition Calendar** Participation

Junior Provincial Development Level 2–Ability 4

To be identified as PD2–A4, a skater must be committed to performance-level development and intending to compete in select events on the Olympic Oval Competition Calendar: Classic Series, CanAm International, Oval Grand Prix, and Oval Finale. Skater identification is based on their participation in the previous competition calendar season.

Olympic Oval Competition Calendar

Summer Classic
Fall Classic
Oktoberfest Classic
Winter Classic
CanAm International
Olympic Grand Prix
Olympic Oval Finale

Appendix D - Overview of GenBC Principles of Identification

Principles of Identification (PI)					
Level	National Development 1 (ND1)	National Development 2 (ND2)	Provincial Development 1 (PD1)	Provincial Development 2 (PD2)	
Ability	1	2	3	4	5
Youth Short Track				Any athletes of the 2024 Canadian Youth ST Championships-W Medalist (per age/gender)	Any athletes of the: a) 2024 BC ST Championships top 2 overall ranking (per age/gender); b) achieved 400m time standard: F 46.4 M 42.6
Youth Long Track				Any athletes of the 2024 Canadian Youth LT Championships top half overall ranking (per age/gender)	Any athletes of the: a) 2024 BC LT Championships top 2 overall ranking; b) achieved 500m OS time standards: F 54.8 M 53.5"
Neo-Junior Short Track		Any Neo-Junior who meets the Junior National Development—Level and Ability —will be identified accordingly.	Any athletes of the: a) 2023 Canadian Neo-Junior ST Championships Group A; b) 2023 Canadian Neo-Junior ST Championships Group B Medalist; c) 2024 Canada Cup Junior Final top half	Any athletes of the: a) 2024 BC ST Championships top 3 overall ranking; b) 2023 Canadian Neo-Junior ST Championships ; c) 2024 Canada Cup Junior Final	Achieved Western Elite Circuit 500m time standards: Female 54.9 Male 51.9
Neo-Junior Long Track			Any athletes of the: a) 2024 Canadian Neo-Junior LT Championships Medalist; b) Achieved one (1) Canada Cup time standards as listed in Appendix B	Any athletes of the: a) 2024 BC LT Championships top 3 overall ranking; b) 2024 Canadian Neo-Junior LT Championships	Achieved 500m OS time standards: Female 52.0 Male 48.0
Junior Short Track	Any athletes of the: a) 2023 Canadian ST Junior Championships A Final; b) 2023 Canadian ST Championships ; c) 23-24 ST Jr/Sr FINAL National Ranking top 20/40;	Any athletes of the: a) 2024 Canadian Junior ST Championships Group A; b) 23-24 ST Junior FINAL National Ranking top 30	Any athletes of the: a) 2023 Canadian Junior ST Championships ; b) 2024 Canadian Junior Open ranked top half; c) 2024 ST Canadian Junior Final ranked top half	Achieved Western Elite Circuit 500m time standards: Female 54.9 Male 51.9	
Junior Long Track	Achieved one (1) ISU World Junior Championships qualifying time standards as listed in Appendix A	Achieved one (1) equivalent top 10 time of the 2024 Canadian Junior LT Championships as listed in Appendix B	Achieved two (2) Canada Cup time standards as listed in Appendix B	Any athletes of the Olympic Oval Competition Calendar as outlined in Appendix C	
Senior Short Track	Any athletes of the: a) 2023 Canadian ST Championships ranked top half; b) 23-24 Short Track FINAL National Ranking top 30	Any athletes of the: a) 2023 Canadian ST Championships AND 2024 Canada Cup Final			
Senior Long Track	Achieved one (1) ISU World Cup Qualifying time standards as listed in Appendix A	Achieved two (2) % ISU World Cup Qualifying time standards as listed in Appendix A	Achieved more than two (>2) Canada Cup time standards as listed in Appendix B		