



Bulletin:

# **SSBC Provincial Skin Suits**

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Reviewed June 17, 2025

## Introduction

This document provides guidance on the qualification and eligibility of Youth, NeoJunior, Junior and Senior skaters registered with Speed Skating BC (SSBC) to be able to purchase an SSBC Provincial skin suit.

## Objective

The objectives of the SSBC Provincial Skin Suit Bulletin are:

1. To encourage the retention of our athletes by providing recognition in their respective stage of development;
2. To promote our skaters and provide visibility while competing at National and out-of-Province meets;
3. To inspire the next generation of Youth, Neo-Junior, Junior and Senior skaters.

## Procedure

As of June 2025, there are three different SSBC Provincial skin suits available for purchase in both speed skating disciplines:

- SSBC Provincial skin suit
- SSBC Performance skin suit
- SSBC High Performance skin suit

Only skaters who are eligible to represent British Columbia nationally will be eligible to qualify for an SSBC skin suit. Skaters that achieve the qualification standards outlined under the applicable skin suit heading will be notified in July 2025 and provided with an order form for that particular skin suit. Skaters will be responsible for 100% of the cost of the skin suit and may only purchase a suit in their discipline (ST vs. LT) for which they qualified to the relevant program (however, consideration will be given for skaters that qualified in Long Track but will be needing a Short Track skinsuit for Mass Start races)

Athlete identification for an SSBC skin suit (June 2025) is based on their official results from the 2024-2025 competition season. The age categories specified below correspond to the skater's age category during the 2024-2025 season, determined as of June 30, 2024.

## SSBC Provincial Skin Suit

To be eligible to purchase an SSBC Provincial skin suit - a Youth skater must have achieved the following during the 2024-2025 competition season:

Short Track	Long Track
Any athletes of the <b>2025 Canadian Youth Short Track Championships</b> - West Medalist (per age/gender)	Any athletes of the <b>2025 Canadian Youth Long Track Championships</b> top half overall ranking (per age/gender)
Any athletes of the: <ul style="list-style-type: none"> <li>a) <b>2025 BC Short Track Championships</b> top 2 overall ranking (per age/gender)</li> <li>b) Achieved 400m time standards:               <ul style="list-style-type: none"> <li>i) Female: 46.4 sec</li> <li>ii) Male: 42.6 sec</li> </ul> </li> </ul>	Any athletes of the: <ul style="list-style-type: none"> <li>a) <b>2025 BC Long Track Championships</b> top 2 overall ranking;</li> <li>b) Achieved 500m OS time standards               <ul style="list-style-type: none"> <li>i) Female: 54.8 sec</li> <li>ii) Male: 53.5 sec</li> </ul> </li> </ul>

## SSBC Performance Skin Suit

To be eligible to purchase an SSBC Performance skin suit - a NeoJunior/Junior skater must have achieved the following during the 2024-2025 competition season:

Junior	
Short Track	Long Track
Any athletes of the: <ul style="list-style-type: none"> <li>a) <b>2024 Canadian Junior Short Track Championships;</b></li> <li>b) <b>2025 Canadian Junior Open</b> ranked <u>top half</u>;</li> <li>c) <b>2025 Short Track Canada Cup Junior Final</b> ranked <u>top half</u></li> <li>d) Achieved 500m time standards:               <ul style="list-style-type: none"> <li>i) Women: 49.759 sec</li> <li>ii) Men: 46.973 sec</li> </ul> </li> </ul>	Achieved two (2) Junior <b>Canada Cup</b> qualifying time standards <u>as listed in Appendix A</u>

NeoJunior	
Short Track	Long Track
Any athletes of the: <ul style="list-style-type: none"> <li>a) <b>2024 Canadian Neo-Junior Short Track Championships</b> <u>Group A</u>;</li> <li>b) <b>2024 Canadian Neo-Junior Short Track Championships</b> <u>Group B Medalist</u>;</li> <li>c) <b>2025 Canada Cup Junior Final</b> <u>top half</u></li> <li>d) Achieved 500m time standard:               <ul style="list-style-type: none"> <li>i) Women: 49.759 sec</li> <li>ii) Men: 46.973 sec</li> </ul> </li> </ul>	Achieved 103% two (2) <b>Canada Cup</b> Junior qualifying time standards <u>as listed in Appendix B</u>

## SSBC High Performance Skin Suit

To be eligible to purchase an SSBC High Performance skin suit - a NeoJunior/Junior/Senior skater must have achieved the following during the 2024-2025 competition season:

Senior	
Short Track	Long Track
Any athletes of the: <ul style="list-style-type: none"> <li>a) <b>2024 Canadian Short Track Championships</b> and <b>2025 Canada Cup Final</b></li> <li>b) Achieved 500m time standard:               <ul style="list-style-type: none"> <li>i) Women: 46.968 sec</li> <li>ii) Men: 44.626 sec</li> </ul> </li> </ul>	Any athletes that have achieved two of the Senior <b>Canada Cup</b> times <u>as listed in Appendix A</u>



NeoJunior/Junior	
Short Track	Long Track
<p>a) Any athletes of the <b>2024 Canadian Short Track Junior Championships A</b> Final;</p> <p>b) <b>2024 Canadian Short Track Championships</b>;</p> <p>c) <b>2025 Canada Cup Final</b></p> <p>d) <b>2024-2025 Short Track Junior Final National Ranking top 20/40</b></p> <p>e) Achieved 500m time standard:</p> <ul style="list-style-type: none"><li>i) Women: 46.968 sec</li><li>ii) Men: 44.626 sec</li></ul>	<p>Any athletes that have achieved two of the Senior <b>Canada Cup</b> times <u>as listed in Appendix A</u></p>

## APPENDICES

### Appendix A — **CANADA CUP** and **CANADIAN JUNIOR CHAMPIONSHIPS** Qualifying Time Standards

		Senior Inside	Senior Inside Lowland	Senior Outside	Junior Inside	Junior Inside lowland	Junior Outside
Women	500	44.00	44.75	46.90	46.20	46.95	50.60
	1000	1.27.20	1.28.70	1.33.00	1.31.60	1.33.10	1.40.30
	1500	2.15.30	2.17.55	2.24.20	2.22.00	2.24.25	2.35.40
	3000	4.44.70	4.49.20	5.03.30	4.58.70	5.03.20	5.26.70
	5000	7.30.00	7.37.50				
Men	500	40.20	40.95	42.90	42.20	42.95	46.30
	1000	1.19.00	1.20.50	1.24.40	1.23.00	1.24.50	1.31.00
	1500	2.01.20	2.03.45	2.09.30	2.07.30	2.09.55	2.19.40
	3000				4.35.90	4.40.40	5.02.00
	5000	7.19.60	7.27.10	7.48.70	7.45.00	7.52.50	8.28.60
	10000	14.00.00	14.15.00				

## Appendix B — **CANADA CUP** and **CANADIAN JUNIOR CHAMPIONSHIPS** Qualifying Time Standards

### 3% Canada Cup Time Standard

		Senior Inside	Senior Inside Lowland	Senior Outside	Junior Inside	Junior Inside lowland	Junior Outside
Women	500	00:45.32	00:46.09	00:48.31	00:47.59	00:48.36	00:52.12
	1000	01:29.82	01:31.36	01:35.79	01:34.35	01:35.89	01:43.31
	1500	02:19.36	02:21.68	02:28.53	02:26.26	02:28.58	02:40.06
	3000	04:53.24	04:57.88	05:12.40	05:07.66	05:12.30	05:36.50
	5000	07:43.50	07:51.23				
Men	500	00:41.41	00:42.18	00:44.19	00:43.47	00:44.24	00:47.69
	1000	01:21.37	01:22.92	01:26.93	01:25.49	01:27.04	01:33.73
	1500	02:04.84	02:07.12	02:13.18	02:11.12	02:13.44	02:23.58
	3000				04:44.18	04:48.81	05:11.06
	5000	07:32.79	07:40.51	08:02.76	07:58.95	08:06.68	08:43.86
	10000	14:25.20	14:40.65				

## Appendix C — **Canadian** Short Track Records (500m)

### % of Canadian Short Track Record

	Senior Women	Junior Women	Senior Men	Junior Men
Canadian Record	41.936	43.648	39.845	41.204
2%	42.775	44.521	40.642	42.028
3%	43.194	44.957	41.040	42.440
4%	43.613	45.394	41.439	42.852
5%	44.033	45.830	41.837	43.264
6%	44.452	46.267	42.236	43.676
7%	44.872	46.703	42.634	44.088
8%	45.291	47.140	43.033	44.500
9%	45.710	47.576	43.431	44.912
10%	46.130	48.013	43.830	45.324
11%	46.549	48.449	44.228	45.736
12%	46.968	48.886	44.626	46.148
13%	47.388	49.322	45.025	46.561
14%	47.807	49.759	45.423	46.973
15%	48.226	50.195	45.822	47.385