



## Coach Development

### Accomplishments:

- 1) Hosting the Annual Coaches' Retreat - this year we had a number of younger Coaches attend bringing a great dynamic to this year's event. The primary theme was 'Coaches Learning from Coaches'.
- 2) At the Coaches' Retreat we made headway on developing a database of Dryland Games and Favorite Practices
- 3) The CDC works well as a team by having valuable conversations around many coaching issues.
- 4) Jodi Roberts, the SSBC Technical Manager, attends most of our meetings and we appreciate her contributions. We are pleased to see the training opportunities that are being provided for Coaches.

### Builder:

- 1) Coaches attended Academies, or helped present at Academies.
- 2) The CDC chose the Assistant Coaches and Managers for the Youth Long Track and Youth Short Track Championships giving less experienced coaches an opportunity to learn from more experienced Coaches. The CDC also chose the Coaches for the 2027 Canada Winter Games.
- 3) The CDC facilitated the Annual Coaching Retreat
- 4) The CDC advocated for developmentally appropriate opportunities for racing at all levels

### Innovator:

- 1) Two BC female coaches, Taryn Vansickle and Sylvia Masich, were nominated by the CDC in late 2024 for the Women and Gender Equity (WAGE) in Coaching program sponsored by Speed Skating Canada. "The goal of the programs was to: Advance gender equality, leadership development and knowledge transfer through a mentorship program for women in coaching via a Community of Practice (CoP)". They reported

on their experience at the Annual Coaches' Retreat. They stated that it was a great experience and noted that Speed Skating is very strong in inclusion, education, and training of female coaches in our Sport. The program has now ended (March 31, 2026) with the final meeting for the pair happening in Ottawa in March 2026.

2) At the Annual Coaches' Retreat in May 2026, in keeping with the theme of 'Coaches Learning from Coaches', Coach David Zeibin presented a session on using technology to manage all of the data that Coaches have to contend with. All participants were given a link to his slides. Another Coach, Dr. Peter Loland, shared many resources with the Coaches around the mental health of our skaters. Coach Sandi Vyse presented a session on equipment use and care, and showed the participants the use of a bender.

Champion:

1) At the Coaching Retreat we had two sharing sessions; Dryland Games & Favorite Practices. The notes from the sessions have been typed up and shared with the attending Coaches for approval. The final drafts of both will be put into an accessible data base for all coaches.

2) The CDC chose a Recreational Coach, Nancy Jalbert, and a Competitive Coach, David Zeibin, who were recognized at the BC Short Track Championships in Richmond.

Opportunities:

1) More money in our budget for Coach recognition

2) More thoughtful ways to celebrate Coaches' Week. This could be a great way to recognize not only the larger clubs, but to really highlight and help promote those smaller clubs where the Coach wears so many hats in their Club. Information needs to be gathered far before the actual week (usually in September) as some of the clubs in the North do not have ice until October.

3) A better way to celebrate and recognize our Junior Coaches in the province. Junior coaches are integral to most, if not all clubs, and they need to be recognized better.

**Speed Skating BC**  
724-8623 Granville Street  
Vancouver, BC V6P 5A2  
bcspeedskating.ca

